



THEME: EXPLORING LOVING BEHAVIOR

Directions: Draw a picture of what it feels like inside when you know you are loved. Notice how you are breathing while thinking about and drawing this feeling.

What does loving behavior sound like?
Choose a word to describe how it sounds.

Remember to SOAR:

S
O
A
R

Sense what's around you

Open your hands to help others

Act with kindness

Respect other people