



**THEME: FEELING UNSURE**

Directions: Use a color and a shape that shows what being unsure feels like.

Now use another color and shape to show what it feels like when you are comfortable.

Write one sentence that describes the differences between the two colors and shapes:

Remember to SOAR:

- S** Sense what's around you
- O** Open your hands to help others
- A** Act with kindness
- R** Respect other people